

# Experiential Learning

## One-Day Outbound Training Program



### EVENT INFORMATION

<b>Name</b>	<b>Experiential Learning Program</b>
<b>Date</b>	<b>4th March, 2024</b>
<b>Venue</b>	<b>Pinewood Resort, Karjat</b>
<b>Organized by</b>	<b>Sies College of Management Studies</b>
<b>Organized for</b>	<b>MMS – SIESCOMS</b>
<b>Faculty In-charge</b>	<b>Dr. Aditya Sontakke Dr. Kaustubh Sontakke Dr. Madhavi Dhole Prof. Sujatha Rao</b>

	<b>Dr. Saraswathy Muralidharan</b>
<b>Core Management Leaders</b>	<b>8 Students</b>
<b>Attendance</b>	<b>73 Students</b>

## Objectives of this Program

The aim of this Experiential learning program was to bring out the hidden abilities of the participants with a series of team building games and activities. This objective of these activities was to inculcate:

- Leadership skills among the participants.
- Enhance the communication skills amongst the leaders and team members.
- Promote creative thinking.
- Develop collaboration skills.
- The ability to take better decisions and enhance problem solving skills.

## Introduction

Experiential learning is a practical approach that emphasizes hands-on experiences and active participation to facilitate deep learning and skill development. In today's dynamic educational landscape, experiential learning has emerged as a powerful tool for fostering critical thinking, problem-solving, and interpersonal skills among students.

In the context of our one-day outbound training program, held for a cohort of 73 enthusiastic participants, facilitated by a dedicated team of 8 core members and supported by 5 esteemed faculty, the program aimed to provide students with immersive experiences aimed at cultivating teamwork, leadership, and communication skills.

The participants were divided into groups of 7 teams, each containing 10 to 11 members along with a team leader. Throughout the day, they were engaged in a series of meticulously designed team-building activities, each meticulously crafted to provoke collaboration, creativity, and decision making. These activities included:

1. **Build a Bridge:** The Participants had to construct bridges using limited resources, emphasizing the importance of effective communication and problem-solving under constraints.
2. **4 Level Up:** Teams navigated through a series of increasingly complex challenges, symbolizing the progression and growth that occurs through perseverance and adaptation.
3. **Tent Pitching:** Participants worked together to erect tents, requiring coordination and teamwork to accomplish the task efficiently.
4. **Plank Walk:** Encouraging trust and cooperation, participants navigated through obstacles while balancing on planks, reinforcing the importance of mutual support and collaboration.

## Event Overview

The core management team was selected in order to organised the whole program for the MMS batch 2023-25, this team consisted of 8 members: Suraj Singh Bhandari, Sachin Sharma, Harshwardhan Lakhani, Shubham Anekar, Harsh Rajwani, Saloni Tharad, Shruti Sansare and Jayesh Hurbada who were responsible to manage everything from planning and to executing all the required activities.

All the 73 participants were carefully divided into 7 groups (4 groups had 10 members and 3 groups had 11 members) by core management team. The bifurcation of the teams was as follows:

	Team A		Team B		Team C		Team D
Team Leaders	Brisilka	Team Leaders	Preeti Gadekar	Team Leaders	Girish Wadhwa	Team Leaders	Vignesh Iyer
Member 1	Shanmuga Robins	Member 1	ShivKumar	Member 1	Prasad Chaudary	Member 1	Sudhakaran
Member 2	Laukik	Member 2	Kishwah Khan	Member 2	Sameera	Member 2	Vasudevan
Member 3	Sejal Soni	Member 3	Vaishnavi Dharme	Member 3	Mahalaxmi	Member 3	Vedant Mahulkar
Member 4	Ritesh Satam	Member 4	Sumit Maynole	Member 4	Kunal Pardeshi	Member 4	Varun
Member 5	Khushi khot	Member 5	Balaji Konar	Member 5	VigneshRaj	Member 5	Maharaja Konar
Member 6	Nandani Nadar	Member 6	Sarang	Member 6	Sameer Pal	Member 6	Cathina
Member 7	Vega Mariappan	Member 7	Akshay Patil	Member 7	Apoorva	Member 7	Saraswati Iyer
Member 8	Samuel	Member 8	Balakrishna Yadav	Member 8	Shivshankar	Member 8	Sanjana Mali
Member 9	Vijay Iyer	Member 9	Afreen Khan	Member 9	Sanjay Morpani	Member 9	Janis
Member 10		Member 10	Samiksha	Member 10		Member 10	Shubham Shivekar

	Team E		Team F		Team G
Team Leaders	Omkar Sakpal	Team Leaders	Mayuri Patil	Team Leaders	Satyam Mokal
Member 1	Sanika Patil	Member 1	Hardik Bajaj	Member 1	Vaidehi
Member 2	Sameer Bhoir	Member 2	Privesh	Member 2	Pratulya
Member 3	Dheeraj	Member 3	Sahil Kadam	Member 3	Riya dube
Member 4	Ajay Gajbhaiye	Member 4	Subramanyan	Member 4	Riya Jain
Member 5	Prajwal	Member 5	Krishna Rathi	Member 5	Saurav Dhamne
Member 6	Subramanian	Member 6	Hritik Jadav	Member 6	Anisha Rao
Member 7	Gopalraj	Member 7	Shivam Nageshwar	Member 7	Hassan
Member 8	Jebus	Member 8	Mohhammad	Member 8	Vatsal Thakkar
Member 9	Vinod	Member 9	Akshay Sadekar	Member 9	Pranav Mantri
				Member 10	Adarsh Nitin

All the participants were instructed to report to college at 6 am on 4<sup>th</sup> March. By 6:30 around 71 students out of 73 reported to the college, meanwhile the core team started serving morning beverages and snacks to the participants.

At around 6:50 am all the team leaders were given the general instructions sheet and information regarding the first activity along with the resource required for the activity.

By 7:05 am we started boarding the two buses arranged by the college. With all the students and faculty present we departed the college by 7:20 am. With our departure it was time for our first activity to begin.

### Activity 1: Bridge Building

The core team prepared 7 packets with resources (cardboard, newspapers, tape and scissor) which was handed over to all the team leaders before boarding the bus. As soon as the bus started its journey the activity timer began. All the teams displayed high level of enthusiasm and collaboration while conducting the activity.



As soon as bus reached Pinewood Resort at 8:45 am, the first activity came to a halt and all the teams were instructed to stop building the bridge and disembark the buses with their teams and bridges to group up for assessment which was done by the faculties.



After the final assessment by the faculty in-charge, Team B was determined as the winner of this activity, followed by Team A which came in the second place.

After completing Activity 1, at around 9:10 am everyone was taken for the breakfast followed by allocation of dormitory for boys and girls.

## **Activity 2: 4 Levels Up**

At 10 am we started activity 2. The team leaders were given the instruction and demonstration on how to complete this activity. Then team leaders were then advised to forward these instructions to their team members to assess their communication skills.

The game composed of 4 stages consisting of 4 obstacles that the teams had to clear in order to reach the finishing line. Team A, B, C and D were the first four teams in group one to start the activity. All the members were line up at the starting points with their teams. The first obstacle was a skipping rope race, the second obstacle was a sack race, the third obstacle was cardboard walk and the fourth

obstacle was a race where the participant had to carry water in a mug with holes and fill the bucket with this water which was kept at the starting point. All the team members had to perform this activity. The main objective of this activity was to assess the communication skills, teamwork and time management skill of the teams and the individuals. Once this group of teams finished the activity, we started with the second group of teams consisting of Team E, F and G and repeatedly the whole process of activity 2 again.

Throughout the activity the faculties were constantly evaluating each individual and team on various predetermined parameters. At the end of the activity, they also measured the amount of water collected in the bucket by each team.

The team that emerged at the top in this activity were Team A, followed by Team G at the second spot.



### Activity 3: Tent Pitching

Activity 3 started at around 12 p.m. near the Forest Area.

This activity was a tent building team activity where each team was given 3 sets of bamboo, 3 tarpaulin, rope, chart paper, sketch pens and scissors. All the teams were given 30 minutes to build a creative tent which would be judged by the faculty members on various parameters.

In this activity Team C and Team A stood out as the most creative and well-coordinated teams to build the tent, with Team C emerging as the winners.

As the activity ended, all the teams were given 10 minutes to disassemble their tents and place all the resources carefully. To our surprise all the teams were able to achieve this within a span of 3 minutes displaying great teamwork and communication.



After activity 3 at around 1:30 p.m. we started lunch.

After a short break, at around 2:45 p.m. we instructed all the teams to gather near the Activity Lawn Area for the final activity of the day that was the Plank Walk.

**Activity 4: Plank Walk** In this activity, the teams had to divide themselves into two groups of 5 members each. The groups were instructed to stand on the starting point of the rectangular play field, opposite each other. Their task was simple, they had to execute a well-coordinated plank walk together and pick up the balls which were in the middle of the rectangular area. The balls consist of bigger balls and smaller balls with each ball having some numeric value.

The time allotted for this activity was 10 minutes the team which was able to collect the maximum number of balls and finish their plank walk from the starting point to the finish point was declared as the winner of this activity.



In this particular activity out of 7 teams: Team F stood as the winners, followed by Team E as the runner ups, with a maximum number of points.

## Evaluation and Felicitation Session:

After finishing activity 4 at around 4:00 p.m. refreshments (soft drinks) were served to all the students and we instructed all the students to gather up at the conference hall for sharing our EL experiences, evaluating the team performances and also to distribute various gifts to the students by 4:15 pm.

We started with our faculty in-charge sharing their words of wisdom and praising all the teams and participants for showing expectational discipline and hard work throughout the day.



To further encourage all the team leaders, they received special medals to recognise their exceptional leadership and teamworking skills. These Students were:

- 1) Brisilka MMS-C
- 2) Preeti Gadekar MMS-A
- 3) Girish Wadhwa MMS-C
- 4) Vignesh Iyer MMS-C
- 5) Omkar Sakpal MMS-C
- 6) Mayuri Patil MMS-A
- 7) Satyam Mokal MMS-B

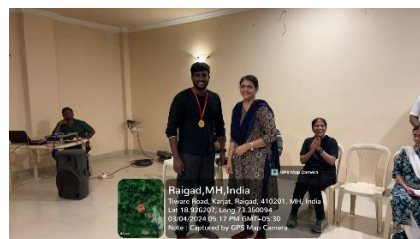






Along with them 8 students were recognised by the faculties as the emerging leader who showed exceptional team work and leadership quality in them. These Students were:

- 1) Balakrishna
- 2) Sameer Pal
- 3) Shubham Shivekar
- 4) Vatsal Thakkar
- 5) Anisha Rao
- 6) Vijay
- 7) Kishwah Khan
- 8) Shanmuga Robins



Along with these medals, we arranged a few fun rewards for the teams, which were:

- 1) **The Loudest Team:** Team E Green
- 2) **The Late Comers:** Team B Brown
- 3) **The Clumsiest Team:** Team G yellow
- 4) **The Most Uncoordinated Team:** Team D Purple



As we approached towards the end of this session, all the teams were facilitated with a bag full of goodies for appreciating their efforts and hard work throughout the day.



By 5:30 p.m. it was time for the evening tea and snacks, and all the students were instructed to again go to the cafeteria and have the evening snacks.

Meanwhile all the equipment and resources for the activity conducted were stacked together and was loaded in the buses, where students also volunteered to help the core team.

By 6:15 p.m. all the students started boarding the bus and by 6:30 the buses left the Pinewood Resort and departed for the college

## **Outcomes**

The one-day outbound training program culminated in a resounding success, yielding profound outcomes for participants. Through engaging in experiential learning activities such as bridge building, navigating challenges in "4 Level up," tent pitching, and the plank walk, participants not only honed their practical skills but also fostered invaluable teamwork, communication, and leadership abilities. The immersive nature of these activities facilitated deep learning experiences, enabling participants to confront real-world challenges, collaborate effectively, and adapt to dynamic situations.

As a result, participants emerged with great self-awareness, strengthened interpersonal connections, and a newfound sense of confidence in their capabilities. The program's impact extends far beyond the day's activities, leaving a lasting impression on the personal and professional development of all involved.

## **Appendices**

Following is the link for all the media: <https://photos.app.goo.gl/1VxEimLnotTCCp6BA>

## **Report by:**

Suraj Singh Bhandari

MMS-B